



## GSF RULES AND REGULATIONS

**Sessions rules:** Every child must be in GSF Training Kit for all Training Sessions with appropriate footwear depending on the facility being used. Please also respect the rules and regulations of the venue / facility we are using at all times. Every child must complete his/her homework for that session.

**Illness & Injury:** GSF Ltd and the venue owner(s) assumes no liability for illness or injury, resulting from the Training Sessions. Parents are responsible for the children obeying the safety rules, and not interfering with other Training Sessions which may be run alongside the child's Training Area. Please ensure that you have adequate insurance for participating in all GSF Events.

**Fees;** Fees can be paid before the Training Session at all GSF Bases begins on the day, or if parent's would prefer, can be paid on a monthly basis with the first month being paid prior to the event, then runs as normal, payments to be paid in full be the 24 of every month, GSF MINI ACADEMY fees must be paid monthly. GSF Specific Courses such as GSF COMMUNITY COURSE or GSF SCHOOLS COURSE are to be paid in full prior to the event via the website. Please be aware that GSF is a Specialist Training Company and is founded on the basis of developing your child through equal opportunities and also supports each and every member of GSF. If you have a problem with paying for GSF Training Sessions due to financial difficulties you can request to meet with either Gérard or Bryn Jones in private to discuss this further. GSF offer a GSF Scholarship for players who it considers are talented youngsters, who meet the criteria in terms of ability and financial difficulty to be offer full 1-3yrs scholarship which funds all fees. For further information regarding GSF Scholarship please speak to either of the above. If your child does not attend a Training Session for whatever reason, you will not get a refund on prepaid fees. GSF finds you responsible for notifying GSF Coach 24hours Prior Training Session.

**TRAINING KIT:** All members are expected to purchase GSF Training Kit. By purchasing GSF Training Kit you are automatically registered as a member of GSF and are eligible for 5% off if it's your first time of registering with GSF on GSF Community Courses. Membership includes a GSF Training-Shirt, Short, Socks all for just £29.99 (child's sizes may determine additional fees due to differences in purchase cost relating to child's sizes).

If you wish to purchase two sets of everything you can discuss this with your respective GSF Coach.

**Communications:** Please be aware that we correspond with parents by e-mail/letter and phone for any changes / cancellations and new term times etc. (and



so as not to disturb you too much). Please ensure that we have an up to date e-mail address for you.



## UKGSFO Code of Ethics for Parents

***During the coaching hours of any Gérard School of Football Ltd Base, GSF Advanced Course, GSF Community Course, ect throughout the Country, the Head Coach and coaching staff have full responsibility for the children within our care. For this reason, UKGSFO reserve the right for their coaching staff to have full authority for the coaching of your children during UKGSFO Training Sessions.***

We ask therefore that you **agree to** and **respect** the following guidelines;

- Once the Training Sessions start and for the full duration of all Training Sessions ran by UKGSFO, only UKGSFO coaching staff and the children attending may enter the Training Area.
- There will be ample viewing areas available and parents are welcome to watch the coaching sessions as we feel that it is vital in your child's development, not just as a player but also an individual that you fully support your child although, our experience of coaching sessions has showed us, that in general, children are more focused when their parents are not present.
- If the children are to get the most from our sessions, it is important that the only instructive voices they hear are the UKGSFO coaches.
- We ask therefore that parents save their comments until after the coaching sessions have finished.
- If you need to speak to your child during sessions, please speak with one of the UKGSFO coaching team first.
- We only have limited contact time with the children and we would like to use this time fully. It will help us to do this if you can deliver your children promptly to all GSF coaching sessions.
- Support UKGSFO efforts at your child's GSF Base to rid football of sexism and racism.
- UKGSFO Coaches a experienced professionals in specific areas of sport, at UKGSFO we pride ourselves of high standards of behavior, professionalism, attitude, and therefore expect your child to be well mannered, professional and have a good attitude towards training at GSF.
- Help your child to work towards skill improvement and good sportsmanship, providing your support and help as they complete Homework Set and Skills Homework Set, through your child's "Passport To Success" progression.
- UKGSFO Coaches expect all children who are members to complete all Homework which is set and to be ready for the next Training Session for assessment.



- We welcome comments from you and coaches will be available prior to and at the end of coaching sessions to speak with you regarding any subject you feel is relevant.
- Please feel free to contact Gérard Jones on Gerard.Jones@hull.ac.uk with any questions and comments.
- **In the case of Matches these guidelines still apply, but please also be aware of the following points:**
- Remember, young people are involved in football for their enjoyment, not yours.
- Encourage your child always to play by the Laws of the Game.
- Teach young children that development and giving 100% is as important as winning, so that the result of each game is accepted without disappointment.
- Set a good example by applauding good play on both sides.
- Never ridicule, humiliate or shout at young players for making a mistake or losing a match.
- Do not place emphasis on winning at all costs. In youth football the priority is always about technical development and skill acquisition.
- Do not force an unwilling child to participate in the playing of sport. If the child is to play, he / she will do so in good time through your encouragement. There are other aspects of sport other than playing which are equally fulfilling to your child.
- Support all efforts to remove verbal and physical abuse from sport.
- Support UKGSFO efforts at your child's GSF Base to rid football of sexism and racism.
- As a spectator, do not encourage the use of foul abusive language or harass referees, coaches or players.
- Do not publicly question the referees' judgment.
- Recognise the value and importance of volunteer referees and coaches. They give up their own personal time and resources to provide recreational activities for young people.
- Encourage your child to appreciate and show respect to team-mates and opponents.

"Thank you for your full support and help in making your child's development in sport a very good one by believing in my methods and beliefs regarding Youth Development and I hope your child enjoys training at their GSF Base, and I look forward to seeing your child progress up the GSF Pyramid from GSF Base to GSFA".

Many Thanks

Gérard Jones

Head Coach and Director of Gérard School of Football Ltd, Co-Founder of UK Gérard School of Football Organisation.



## **UKGSFO Code of Conduct for Players**

***During the coaching hours of any Gérard School of Football Ltd Base, GSF Advanced Course, GSF Community Course and or GSF Regional Centre/ GSF Academy, the Head Coach and coaching staff have full responsibility for the children within our care. For this reason, UKGSFO reserve the right for their coaching staff to have full authority for the coaching of your children during UKGSFO Training Sessions.***

We ask therefore that all Players **agree to** and **respect** the following guidelines;

- Players are to arrive on time and in the correct frame of mind to participate in physically demanding activity. If a player is running late, we encourage them to telephone the coaching staff to inform them.
- Players are to wear their official GSF Training Kit at all times during training and any other GSF related activities. It is a players responsibility to make sure their kit is clean and tidy and appropriate for the weather conditions. Any player not wearing their GSF Training Kit may be excluded from the Training Session. This is because at UK Gérard School of Football Organisation, we pride ourselves of our Representative Training Kit, as it identifies everyone who wears it, that they are a part of a talented, professional, enthusiastic group of young individuals who are unique to any other football school or team in the country, because GSF is the BEST.
- A coach must be informed of any injuries or illnesses that a player may have prior to the Training Session.
- Players must bring plenty of still drink with them, preferably water. No food is to be consumed during training - unless for medical reasons.
- If a player needs to speak to their parent during sessions, they must speak with one of the UKGSFO coaching staff first.
- UKGSFO will not tolerate players who abuse, both physically and verbally, coaches, players, parents, spectators and officials. There are no second chances here and therefore, any child who is unprofessional and miss behaves will be barred from all our GSF Training Sessions.
- Players, who are caught spitting, swearing and conduct themselves in an anti-social way, will be barred from all our GSF Training Sessions.
- Players are encouraged to play always by the Laws of the Game.
- Children should realise that giving 100% is as important as winning, so that the result of each game, match or practice drill is accepted without disappointment.
- Players should set a good atmosphere by applauding good play on both sides.



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- Play may be hard and vigorous but deliberate violence should never be used towards opponents players, coaches, spectators or own club members.
- Any acts of anti-social behavior of any sort is unacceptable
  
- Players should not react with violence in any physical or verbal manner
- Players must adhere to sportsmanship and failure to do so is unacceptable.
- Players must adhere to all regulations involving health and safety.
- Players must help to maintain clean and tidy environment whilst at GSF Training Venues.
- Players must respect the UKGSFO property and facilities by treating them with care and consideration and under no circumstances must the players cause any damage to the clubs property and or facilities.
- Players must not discriminate against anyone on the grounds of their culture, ability, race, gender, age, religion, ect. If any players are caught doing so they will immediately be banned from all GSF Training Sessions and could result in being reported to police
  
- Players must always arrive on time or before any match days or meetings of any kind and can only not do so under reasonable and specific circumstances.
- Players must complete all Homework Set prior to the next Training Session for assessment.
- We welcome comments from you and coaches will always be available prior to and at the end of coaching sessions. Please feel free to contact Gérard Jones on Gerard.Jones@hull.ac.uk with any questions and comments.

“Thank you for your co-operation and support and I take this opportunity to thank you in your interest in GSF and I look forward to coaching you in the future”.

Gérard Jones

Many Thanks

Head Coach and Director of Gérard School of Football Ltd, Co-Founder of UK Gérard School of Football Organisation.



## UKGSFO COACHES CODE OF CONDUCT

### Coaches

- All coaches should ensure that they are fully aware of the expectations and practices of UKGSFO and FA in which they are coaching.
- Coaches are expected to encourage sportsmanship at all times.
- Coaches must not encourage any acts of anti-social behaviour of any sort or kind.
- Coaches must not react with violence in any physical or verbal manner towards own players coaches or spectators, which includes opposition members.
- Coaches must not encourage the use of bad language in any way
- Coaches must not discriminate against any player, coach or spectator on the grounds of their culture, ability, race, gender, age, religion or sexual orientation.
- Coaches must respect the rights; dignity and worth of every person in who is involved whether small or large amount in GSF and other clubs as well as organisation members and or officials.
- Coaches must protect everyone who are under their supervision are safe.
- Coaches must not encourage players to violate these codes of practice.
- Coaches must not divulge any information, which may be personal to anyone without the approval of whom the information is about.
- Coaches must not influence or encourage in any way arguing with officials.
- Coaches must respect the UKGSFO property and faculties with care and consideration.
- Coaches must always wear the official GSF Training Kit with pride to every event, coaching session and anything with is associated with or in connection with GSF and be proud to do so.
- Coaches are expected to arrive at least 15mins early to every coaching session in order to prepare prior to children's arrival.
- Coaches are expected to be professional at all times and remember that whilst they are wearing the official GSF Training Kit they are representing a group of experience professionals who pride themselves of delivering the highest standard of coaching to children in order to fulfil UKGSFO Long Term Goals in growth of Youth Development in this country and eventually the world.
- Coaches must always provide time before and after coaching session(s) for parent(s) and children to speak about anything related to GSF.
- Coaches must follow the specific guidelines which they are instructed to, in terms of following UKGSFO Code of Conduct, structure and format of how coaching sessions are organised and delivered, and must follow the strict policies of UKGSFO. Failure to do so will result in a termination of your employment.
- Coaches must follow the specific coaching methods, styles and philosophies of UKGSFO which is the GSF WAY, a unique form of coaching specifically formulated to incorporate everything each child needs in the development of their physical, technical and mental attributes. Coaches **MUST** follow each GSF Training Session Plan to every detail otherwise they are jeopardising not



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only their reputation as a coach, but UKGSFO reputation as an elite football organisation, formed to improve Youth Development in football and sport. Failure to do so will result in termination of your employment.

- UKGSFO will always welcome your ideas and views to issues relating to GSF and coaches must always speak with either Gérard Jones or Bryn Jones regarding any issues they wish to discuss. UKGSFO is a friendly, professional and expert organisation and it is that reason why we feel strongly on supporting not only our members but coaches as well and will always welcome you to speak with us as we respect and value everyone's opinion.
- Coaches must complete all Assessment Sheets throughout every coaching session and also provide time after Training for player assessment (Homework Complete and set new Homework for next Training Session).
- Coaches must attend a minimum of 100 hours UKGSFO Training every year, as well as renew all qualifications they hold that are due to expire. UKGSFO will help coaches in their development as coaches and provide various information, support and opportunities to further their development.

“Thank you very much for following the coach's code of conduct. I feel strongly about support everyone associated with my organisation and for that reason alone, will always support coaches in furthering their development as aspiring football coaches. I appreciate all of your hard work which you put in to make UKGSFO become we have set it out to and fulfill its potential. My door is always open to ways which we can improve the way we run. I hope that you all appreciate the level of research, and detail I have personally put into establishing this elite football organisation and designing our unique and world renowned way of coaching. I would like to take is final opportunity to thank you in supporting my beliefs and your effort and hard work is not ignored”. I look forward to meeting you all in the future.

Gérard Jones Head Coach and Director of Gérard School of Football Ltd, Co-Founder of UKGSFO.