



G rard Jones is currently a first year student at the University of Hull, studying for a BSc (Hons) in Sports Coaching and Performance. Although I have only known G rard for a relatively short period of time, I have been impressed by his drive and determination to succeed. G rard has always been keen and willing to learn new skills and is obviously passionate about sports coaching. G rard is an inquisitive student who clearly wants to look at topics in depth and understand the key principles and theories of sport science, which is an essential attribute for a potential scientist. From a psychological perspective, I see G rard as an optimist and a completer / finisher – someone who has the drive to make things happen and a vision of where he wants to go. These are all very positive attributes that I hope will enable him to be successful in his studies, and in his business ventures.

Should you have any queries or require any further information, please do not hesitate to contact me at the address above (Tel: 01482-463052 Email: l.crust@hull.ac.uk).

Kind regards,
Dr. Lee Crust

Dr Lee Crust

Motor Control & Learning Lecturer
Department of Sport, Health & Exercise Science

T: +44 (0) 1482 463052
l.crust@hull.ac.uk